Aug:march 24 10/08/10 11:24 AM Page 1

# Raising awareness

Turtle Trails - Raising awareness of turtle and populations conservation issues in the Torres Strait

Turtle Trails is a new children's comic book aimed at raising awareness on the conservation of turtle and dugong populations in the Torres Strait in relation to traditional hunting.

The Australian Fisheries Management Authority's Stan Lui developed the comic as part of the National 'Advance in Seafood Leadership Program' he participated in during 2008. The aim of the project was to encourage the sustainable harvest management practices of turtle and dugong among Torres Strait communi-

As a Torres Strait Islander from Erub (Darnley) Island, Stan wanted to use a medium that would generate

young indigenous children, and the comic for- The Fisheries Research and Development mat suited perfectly. Production team Corporation (FRDC) and the Department of Inception Strategies held workshops on Agriculture, Fisheries and Forestry (DAFF) Thursday Island with indigenous community kindly helped fund the publication of the promembers who helped develop the storyline and ject.

Copies of Turtle Trails have been distributed to schools in Torres Strait and associated gov

interest and encourage the participation of ernment agencies in the region during July.

For a copy of Turtle Trails or additional information, please contact Stan Lui, AFMA, on (02) 6225 5487 or stan.lui@afma.gov.au.

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Photo of the month



Judging by the expression on his face Faris may well be asking himself who the grey bearded gentleman next to him was. Well Faris let me tell you. He is not the jolly getleman that comes around at Christmas time dressed in a red suit and his deer and sleigh are not parked outside. The gentleman's name is Allan Hunt from the central Victorian town of Bendigo an ex interstate truck driver who ha

# **Crab DNA nails fisher**

to Sydney Fish Markets. The fisher was success. Convictions were recorded for all cessfully prosecuted after DNA proved the offences. The maximum fine for keeping crabs were from Queensland, not the undersized or female crabs was \$100,000 Northern Territory, despite falsified paperwork claiming otherwise.

Taking female mud crabs from Queensland is closely with Biosecurity Queensland scientist against the law and the severity of ththis fine Jayne Oakey to determine the origin of the reflects how seriously Fisheries Queensland mud crabs. treats fishers breaking the law.

successful prosecution of commercial fisher- Bray. man illegally selling female mud crabs.

was a deliberate and calculated attempt to break the law.

mentation, one count of possessing 60 female Sydney Fish Markets.

fisher has been fined more than The fisher pleaded guilty, and was fined \$40,000 after being found guilty of \$16,000 for all charges, and ordered to pay an ▲ selling nearly a tonne of illegal crabs additional penalty of \$24,364.95 plus court

> Queensland Boating and Fisheries Patrol investigating officer Richard Bray worked

The defendant had gone to great lengths to This is the second time in Queensland, that avoid detection. "This was a complex case DNA testing has been instrumental in the that took months of investigation," said Mr

In addition to the scientific testing to deter-The fisher provided false documentation to mine the origin of the crabs, authorities Fisheries officers leaving no doubt that this obtained a warrant to search the fisher's property, examine bank account histories and followed a significant paper trail.

He was charged with providing false docu- They discovered packing materials in the garage and hidden in the roof space. The mud crabs, one count of possessing 20 under- fisher had been packing illegal crabs at home, sized male mud crabs and 27 counts of sell- despite claiming they were pre-packed crabs ing female mud crabs totalling 873.4kg to bought legally from the Northern Territory.

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# SEAFOOD NEWS

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ISSN 1834 - 4399

Raising awareness "Turtle Trails"

**Esso** urged to bury pipelines

Coalition pledges consultation



Marisa

International Seafood Health Conference



# Climatic change impacts seafood

Australian fisheries scientists (left to right), Eva Plagani (CSIRO), Alistair Hobday (CSIRO), Mark Norman (Museum of Victoria), and Phil Munday (JCU) take question

future for fish and fisheries".

climate change in Australia that would have 20% by 2100. sent the most ardent climate change skeptic clout to change Government policies but are People vary in their opinions; skeptics claim mercially important fish species around the allow every Australian to understand the cli- whereas scientists while acknowledging that social consequences. mate change issue.

Australia has a coastline of 60,000 km that cause of the current climate change. Air and environmental change occur at all levels from all practices and profit margins.

he Australian Society for Fish spans from the tropical waters of northern ocean warming observed since the 1850s, both Biology (ASFB) presented a free Australia to the cool-temperate waters of globally and across Australia are attributed to public lecture at the Melbourne Tasmania. June 2009 was the warmest ocean increases in atmospheric greenhouse gas con-Museum on "Climate change and ever recorded with our south-west and south - centrations, and since the 1950's the evidence Climatic changes are likely to have a signifithe aquatic environment – the eastern waters warming the fastest. Marine biodiversity is changing in southeast Australian in response to warming tempera- Some of the consequences of climate change The four scientists who gave the lecture pretures and the strong East Australian Current, to the oceans are a rise in sea levels, altered sented very convincing arguments on marine which they say, is likely to strengthen by about nutrient supply and acidification, and warmer

change scientists do not have the political unlikely to revert to its previous state. shifts in the distributions of a number of com- sustaining fishing into the future. past climate change in previous millennia has

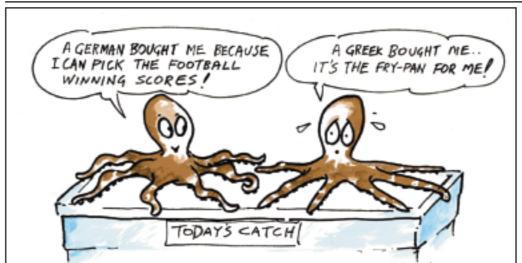
is very compelling.

sea temperatures, which in turn affects the movement and abundance of marine species,

individual to community and need to be integrated into all levels of fisheries management.

cant impact on both target and non-target marine stocks worldwide, which may result in the decline of some fish species but an increase in others. "Preliminary results suggest that in some regions pelagic fish might increase in abundance whereas demersal fish species might show a decrease, "said Dr. Éva ducking for cover. Despite their well Climate change is not "continuous" but it is which then impacts on the supply of seafood Plagányi, of CSIRO. Such occurrences create researched and presented data these climate however long term and Australia's climate is and its related industries. There are observed the need for management strategies capable of

working hard to provide factual information to that climate change is a natural occurrence, world and this has important economic and A more holistic approach is needed towards seafood which considers both commercial and recreational fishing, looks at harvesting patbeen natural, point out that humans are the Recent research suggests that responses to terns, and takes into account social and cultur-



# **Pacific Ministers Meeting On Fisheries** and Law Enforcement

landmark meeting of Pacific Island Fisheries and Law Enforcement Ministers, hosted by the Gillard Government, concluded with positive outcomes to protect regional fish stocks.

Continued on page 5

SEAFOOD NEWS 1 SEAFOOD NEWS 6 Illustration: Con Aslanis

# SOS: **Save Our Snapper**

ramps across Queensland.

Minister for Primary Industries, Fisheries and Rural and Regional Oueensland Tim Mulherin said he want anglers to be fully informed about the snapper stock before he released a consultation document later this year seeking feedback on potential changes to the Rocky Reef Fin Fish Fishery. everything we can to save our snapper now

"We want to make fishers aware of the shortage and also what measures they can take to help save Queensland snapper," Mr Mulherin

Fishers are also being urged to help protect Queensland snapper by registering their details online with Fisheries Queensland and getting involved in future consultation.

"The first full Queensland Stock Status Report was released in early July and highlighted concerns about snapper shortages. By world standards, Queensland is recognised as having well-managed, sustainable fisheries. In fact, snapper is the only species of Queensland's 62 assessed stocks that is classified as overfished.

Fisheries officers providing information at Queensland. boat ramps is part of the Queensland

rnder changes announced by Western

Donna Faragher and Fisheries

Minister Norman Moore, existing and pro-

posed aquaculture developments would no

longer need works approval and licensing

under the Environmental Protection (EP) Act.

Mrs Faragher said the change would remove

duplication in regulating aquaculture activi-

ties that were also subject to regulation under

the Fish Resources Management Act. This is

Australia's Environment Minister,

isheries Queensland staff were present Government's ongoing awareness campaign at major boat ramps from Mackay to to make people conscious of the plight of Gold Coast raising anglers awareness snapper. Anglers will also be able to find up about the shortage of snapper. Fisheries to the minute information about snapper Oueensland staff will be spending 130 hours developments at Fisheries Oueensland new over the next four weeks talking to fishers Facebook and Twitter sites. With over two and handing out information at 28 boat million Australians now on Twitter and over nine million on Facebook, it makes sense for the government to make information available through these social media forums.

> "We have some important fishing issues to address in Queensland at the moment, including how we will manage our currently overfished snapper stock. We want to do and protect future sustainability," said Mr

> Mr Mulherin said fishers were being urged to register their details online to be involved in future consultation about this fishery.

> "Fishers are urged to help protect Oueensland snapper by registering their details online with Fisheries Queensland and getting involved in future consultation," Mr

> To register for snapper updates visit www.deedi.gld.gov.au and click on

Latest information will also be available via Twitter www.twitter.com/fisheriesQLD or find us on Facebook under Fisheries-

## **Survey of wild stocks finds** WA prawns clear of exotic viruses



program to check for the diseases.

Department of Fisheries senior pathologist Dr Brian Jones said the checks showed there was Associated Virus) in the State's northwest live Queensland prawns" said Dr. Jones

on the WA/Northern Territory border, where it is believed to have established following becoming infected with these viruses." escapes from NT prawn farms stocked with infected Queensland prawns," Dr Jones said. Dr Jones said the testing, which began last year,

Apart from that specific location though, which has been known about for five years, GAV has not been detected anywhere else in WA. "Biosecurity is a vitally important factor in

fisheries around Shark Bay, Exmouth Gulf, in projects to help enhance the State's marine Onslow, Nickol Bay, Broome, and in the defences, through strategies and equipment to Kimberley (which extends from Koolan Island diagnose and identify potential and present to Cape Londonderry).

Testern Australia's wild caught prawn The industry is currently worth between \$25 fisheries are considered to be free of and \$30 million to the State every year and, exotic viruses, after a major testing even though the viruses are harmless to humans, the disease free status of WA's prawn fisheries is vital to their ongoing success.

"Strains of the highly infectious virus IHHNV no presence of the three most feared prawn were detected in five Queensland prawn farms viruses IHHNV (Infectious Hypodermal and in 2008 and it is important that we continue to Haematopoietic Necrosis Virus), WSSV protect WA's wild caught prawn fisheries (we (Whitespot Syndrome Virus) and GAV (Gill- have no prawn farms) from imports of infected

"There is also a need to test for WSSV and "GAV does occur in the Joseph Bonaparte Gulf GAV to maintain our claim to be free of these serious diseases. WA prawns are at high risk of

> focussed on all the prawn fisheries on the North West Shelf as far north as Broome.

maintaining the health of Western Australia's Dr Jones said there were wild caught prawn fisheries and the department has been involved



### Salmon Released into Lake Rosebery

he Tasmanian Inland Fisheries Service has released 250 salmon each weighing **L** around 3 kg into Lake Rosebery at Tullah in the lead up to the new angling season.

This is the first time Lake Rosebery has been stocked with Atlantic salmon which already has good resident populations of both brown and rainbow trout and excellent facilities for boat-

The Minister for Primary Industries and Water Mr. Bryan Green said nearby Lake Macintosh was also easily accessible and boasted a large and productive fishery.

The Salmon release is designed to create interest in the West Coast fisheries, particularly at the start of the season, which begins Saturday August 7th, and hopefully will also bring benefits to the local economy.

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The Tasmanian Minister for Primary Industries and Water

#### expected to save the industry up to \$100,000 each year in licensing fees. Previously, aquaculture operators needed to obtain a works approval and licence from the Department of Environment and July's Conservation (DEC) and an aquaculture licence from the Department of Fisheries. 10 best The new arrangement should result in a marked reduction in the time and cost it takes

**\*\*\*\*\*\*** 

WA Government slashes red tape

for aquaculture projects

Mr Moore said the two departments had endorsed a Memorandum of Understanding

for aquaculture industry operators to comply

with regulatory and reporting requirements.

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SEAFOOD NEWS 2

"The Department of Fisheries will now

(MoU) and three Codes of Practice covering

all aspects of the aquaculture industry. This

would ensure environmental outcomes from

this industry would be maintained and

manage operational, compliance and enforcement activities associated with the WA aquaculture industry. Fisheries also will manage any complaints, but will refer events to DEC where the powers of the EP Act may need to be used" Mr Moore said.

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SEPTEMBER 2010

# In Brief

### Support for seafood levy mechanism

try to establish a levy mechanism to fund invited them to communicate on their supmarketing and promotion.

The chairman of Seafood Experience Australia, (SEA) Dr Ron Edwards, said "SEA, through its Board and members, has Tony Burke, that the seafood industry is working at a decided disadvantage in selling seafood, compared to the other major prima- We hope to have a more detailed report on

he Federal Government's has commit- Minister Burke, has suggested a way forward ted to its 2007 election promise to regarding the legislation required and has support the Australian seafood indus- written to key seafood industry members and port regarding an industry wide or sector-by-

The Australian seafood industry is the last major agribusiness sector not to have a marfinally convinced the Minister of keting and promotion body, despite a pletho-Agriculture, Fisheries and Forestry, Mr. ra of government-funded projects identifying this area as the industry's key weakness.

this matter in our next issue. Editor

### Vic Government rejects proposal

."We've got no plans to change any of our ber" marine parks at this point in time. We've been very supportive of recreational fishing and

he Premier of Victoria Mr. John Premier Brumby reiterated the government's Brumby has rejected a proposal put commitment to the commercial fishing ▲ forward by the Victorian National industry by stating "We've made a commit-Parks Association (VNPA) for a further 20% ment to increase fish stocks by 30 per cent by increase of the state's marine parks. 2010 and I'm told we're well and truly on track and we might even surpass that num-

The VRFish office however has been inunwe've got hundreds of thousands of dated with phone calls & emails since the Victorians who are out every weekend enjoy- story broke. Recreational fishers have been ing fishing in inland Victoria and in the asking 'what can we do?". One keen rec fisher has gone a step further and has put together a web petition.

## **Esso urged to bury pipelines**

(LEFCOL) are concerned at Esso"s plans to gate the proposal. lay three new pipelines in eastern Bass Strait,

in an area approximately seventy two square over or near the pipes.

The new pipelines dissect the main fishing grounds and will have a much greater impact The south east trawl fishery has operated for

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Both SETFIA and LEFCOL have requested that the parts of the pipeline encroaching on

he South East Trawl Fishing Industry the traditional fishing grounds be buried. Association (SETFIA) and The Lakes This would allow both fishing and oil indus-■ Entrance Fisherman's Co-Operative tries to co-exist. Esso has refused to investi-

Concerm amongst the fishermen exists that a similar situation to that which has devestated Esso already has 21 wellheads and pipelines fisheries in the Gulf of Mexico may occur here if any of the pipes rupture. Similarly to kilometers off Lakes Entrance. The new the Gulf of Mexico the East Gipsland econopipelines will have a severe impact on the my depends heavily on fishing, tourism and fishing industry because vessels cannot fish the environment. The area's commercial fishing contributes over \$200 million to the Victorian economy.

> more than 100 years and has provided employment and food security for many

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# **Welcome Marisa**

Tt is our pleasure to introduce Marisa Raniolo Wilkins, our new seafood chef. Marisa, whose book on Sicilian food is being published by New Holland Publishers and will be released in 2011, has kindly agreed to share her recipes of seafood with our readers. Instead of us however telling you about Marisa we will let her tell us about herself.

I am a first generation Italian-Australian. Both my parents were born in Sicily but lived in Trieste (North Italy) where I grew up. I have extended family in Sicily and have travelled there

I have always been passionate about fresh, local ingredients. In Trieste my family lived in the centre of the city, very close to the market and as an adult I have always chosen to live close to a food market, notably the Adelaide Market and Queen Victoria Market in Melbourne.

The cooking of Sicily, like the cooking of mainland Italy, is strongly regional and there is an appreciation of locality with variations in recipes and specialities to celebrate the diversity in Sicilian cooking. Each month, I hope to contribute a fish recipe to Seafood News.

I notice that in last month's Seafood News, there was a short article about how some low-quality, imported Barramundi is perhaps being sold as Australian produce. I am fortunate to be able to buy wild-caught Barramundi from my fish vendor, it is one of my favourite fishes, so lets begin with a simple recipe using seasonal ingredients. (see page 4)

Barramundi is an Aboriginal word meaning river fish with large scales. It can be a truly wonderful, tasting fish and is extremely versatile (it has medium to firm texture and medium oiliness). My fish vendor told me that unlike the species grown in cages, the wild caught barramun-

Fennel is in season and rosemary is one of the few herbs which does well in winter and compliments the sweetness of the fennel.

### **End of recreational scallop season**

he recreational scallop season at spawning stock for future open seasons. Tasmanias D'Entrecasteaux Channel L closed on July 31st as did other fishing diving.

The D'Entrecasteaux Channel is the most popular recreational scallop fishery in the state with around 95% of all fishing conducted there. A special minimum size limit of 110mm for

A personal daily bag limits and an on-water waters which were open to recreational scallop possession limit of 50 scallops applied, with a possession limit of 100 scallops or 3 kilograms of scallop meat applying on land.

All scallops had to be taken by hand only and could not be taken on behalf of another licence holder. Making multiple trips in a single day commercial and queen scallops had been and taking the daily bag limit each time was imposed for the Channel to leave sufficient illegal and puts future scallop seasons at risk.



### **Pacific Ministers' Meeting On Fisheries** and Law Enforcement

#### Continued from page 1

Minister for Agriculture, Fisheries and region's fisheries, and a coordinated approach ing in Canberra.

Ministers noted that fisheries resources, principally tuna, constitute a critical segment of many Pacific Island economies where in some Minister Burke announced \$2.4 million over of gross domestic product.

poses a serious threat to the sustainability of the August 2010.

Forestry, Tony Burke and Minister for Home will help us tackle the problem of illegal fish-Affairs, Brendan O'Connor attended the meeting more effectively" Mr Burke said.

Ministers also discussed directions for Pacific The meeting focused on ongoing management maritime security. This discussion was supchallenges faced by Pacific Island countries, ported by a workshop of maritime security especially the overfishing of tuna stocks. experts held in parallel with the ministerial

countries fisheries contribute up to 10 per cent the next three years to support the negotiation of the Niue Treaty Subsidiary Agreement. Formal negotiations on the Agreement are expected to begin after the leaders' meeting at "Illegal, unreported and unregulated fishing the Pacific Islands Forum in Port Vila on 4 to 6

### Squid hidden in anchor well

A NSW man now residing in Tootgarook, fisherman was convicted and fined \$2,400 in months jail to be served by way of Intensive near Port Campbell, Victoria. Corrections Order after stealing a commercial quantity of abalone. The Intensive Corrections within the community and undergoing rehabilitation and counselling.

A Warrnambool-based commercial rock lobster anchor rope in his boat's anchor well.

Victoria, was convicted in the Frankston the Colac Magistrate's Court for setting lobster Magistrate's Court and sentenced to nine pots in the 12 Apostles Marine National Park

Order means he will essentially be working A 68 year old man was fined \$1500 after pleading guilty for possessing more than twice the daily catch limit for squid which he attempted to conceal from Fisheries officers under the

SEAFOOD NEWS 5

SEPTEMBER 2010





# International Seafood & Health Conference The Wonders and Opportunities of Our Oceans Exhibition

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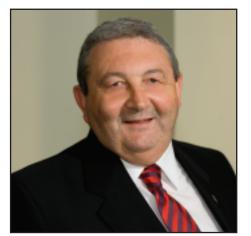
# INTERNATIONAL CONFERENCE TACKLING KEY TO BETTER HEALTH:

### CHANGING BEHAVIOUR

year is tackling the key to improving personal and community health: changing behaviour.

Mr Roy Palmer, in New Zealand to address the inaugural conference of the World Health Care Networks in Auckland today (Thursday, 22/07/2010), said the importance of changing people's behaviour to improve their health was highlighted by new recommendations from the American Heart Association (AHA) last week (July 12).

"A team of researchers, on behalf of the AHA, examined the results of 74 separate studies in the 10 years to 2007 to find the best ways to make lifestyle changes to reduce the risk of cardiovascular disease (CVD).



Mr Palmer, Chairman of the International Seafood & Health Conference and Exhibition

n international conference later this "They concluded the best technique involved -- and this is the basis of the new AHA recommendations -- counselling, long-term one-on-one follow-up with a health care provider, and self-monitoring of diet and exercise. This is far more effective than more generalised approaches such as websites and brochures.

> "This is the approach we will be exploring at the International Seafood & Health Conference (ISHC) in Melbourne in November. Health researchers will gather from round the world to examine the best ways to encourage people to improve their diet and lifestyle, for example by eating seafood more often, which is a proven way to reduce the risk of CVD and a number of other serious ailments.

"The theme of the conference is 'Creating a Paradigm Shift', with a strong focus on human behaviour and effective communications. CVD is still the largest single cause of death in Australia and New Zealand, responsible for more than a third of all deaths of men and women, but the incidence of CVD could be cut dramatically if people would simply eat better and exercise more."

Mr Palmer, Chairman of the International Seafood & Health Conference and Exhibition, said the event was attracting many of the world's leading health researchers and was a "once in a lifetime" opportunity for Australians and New Zealanders to hear firsthand about the latest research and help

shape future work. "It is critical the world identifies ways to provide adequate nutrition for a fast-growing population, ensures sustainability of seafood stocks and communicates health messages that will change behaviour," Mr Palmer said.

"At present, the major issue for western nations like Australia is simply lack of recognition by most people about the need to improve their diet with more Omega-3 oils and other essential nutrients from seafood but, in future, issues of sustainability, supply and food security will come into play.

"The Melbourne conference comes at a critical time and potentially will have a very significant role in shaping major decisions surrounding nutrition and mental health worldwide over the next decade." The International Seafood & Health Conference will be held at the Melbourne Exhibition Centre from Sunday, November 7 to Wednesday, November 10, and the related Wonders & Opportunities of Our Oceans Exhibition from Saturday, November 6 to Tuesday, November 9. See: http://seafoodhealthconference.com

FURTHER INFORMATION: Mr Roy Palmer Tel 0419 528 733

For more information on the World Health Care Networks, go to:

www.whcnetworks.com/index.php/conference

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#### **CONFERENCE HOSTS**





### Australia and NZ promoted seafood jointly at the World Health Care Network Conference in Auckland

Australia and New Zealand jointly promoting seafood at the World Health Care Network Conference in Auckland where approximately 600 GP's at-

Mr. Roy Palmer and Claire Broun, Communications Officer for NZ Seafood Industry

Claire Broun, Communications Officer for NZ Seafood Industry Council and

AUGUST 2010

first for the Seafood Industry - Amanda Johnson (registered Nutritionist and dietetic consultant) joined Roy Palmer (SEA) at the event.

> Amanda is writing a book 'The Role of Seafood in the NZ Diet' for NZSeaFIC, who will be a sponsor at IS&HC. Amanda Johnson will be speaking at the Conference and appearing at the public Exhibition.

Former executive director of the NZ Dietetic Association in UK Amanda was the national spokesperson for the British Dietetic Assocn, editor of the British Nutrition Foundation Task Force Report on Obesity.

Ms. Clair Broun and Amanda Johnson at the World Health Care Network Conference

The book is a review of the key nutrients inseafood, current intakes in NZ, and the role of seafood in health and

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# Coalition pledges consultation

ppropriate and effective consultation is needed if Marine Protected Areas are to balance environmental concerns with the need to promote jobs and sustain communities that rely on commercial and recreational fishing.

In establishing Marine Protected Areas, the Coalition will consult closely with those people and industries that use the marine environment, including the recreational and commercial fishing sectors, to determine Marine Protected Area management plans in accordance with relevant legislation and other regulatory frameworks. All Marine Protected Areas will be signed off by both the Minister for Agriculture, Fisheries and Forestry and the Minister for Environment Protection, Heritage and Arts.

# NZ Salmon wins award

Pollowing its success at the iTQi, Superior Taste Awards in Belgium, New Zealand's Regal Salmon has also won the meat and smallgoods award at the 6th annual Food Magazine Challenge Awards with its "Regal Smoked Salmon Pastrami".

The Food Magazine Challenge Awards recognises companies that have food or drink processing in Australia and New Zealand and who are industry leaders whose products successfully demonstrate innovation and high standard.

Smoked Salmon Pastrami is an excellent source of omega 3 and amino acids. It is manufactured by cold smoking King Salmon, covering it with pastrami crust of three cracked peppers and then sliced into thin slices.

### **EU** aquaculture static

quaculture is one of the world's fastest growing food sectors, and provides the planet with about half of all the fish it eats

In Europe, aquaculture accounts for almost 20% of fish production, and directly employs some 65 000 people.

EU aquaculture is renowned for the high standards of its products and production methods.

Yet this progress in excellence has not been re-



flected in growth of production. EU output has been more or less constant since 2000, while in the rest of the world aquaculture production has grown by one third.

Looking more closely, we see that different aquaculture sectors are developing in almost

opposite directions. While Europe's production of seafish continues to grow, both molluscs and freshwater fish have shown a steady decline over recent years.

Seafood Chef Marisa

www. all things sicilian and more. blog spot. com



### PESCE CON FINOCCHI (Fish with fennel)

never go to the market to buy one specific type of fish, and for this particular dish there are other sustainable fish which can be used instead, for example: garfish, King George whiting (I like to cook some of these fish whole), trevally and flathead.

Barramundi is sold in pieces, without bones. All fish benefit from scoring – slash the side of the fish that formerly had the skin – a thin layer of membrane remains, and unless it is scored, it can curl during cooking.

#### **INGREDIENTS**

fish, (estimate 1-1.2 kg for 6 people) fennel, 2 large water or white wine, 1 cup extra virgin olive oil, <sup>3</sup>/<sub>4</sub> cup salt and freshly ground pepper, rosemary, fresh sprigs

#### PROCESSES

Use a sharp knife to make shallow cuts in the flesh. Insert little sprigs of rosemary in the slashes, pour on a little oil, cover and set aside.

Prepare the fennel:

Remove the fennel tops from the bulbs and discard. Trim away any bruised or discoloured portion of the bulbs. Cut the bulbs length-wise (vertically) into thin slices less than 1cm thick. Add the sliced fennel to a pan with hot olive oil and sauté for 5-10 minutes before adding seasoning and about a cup of water or wine.

Cover the pan and cook on a low to medium heat for about 20 minutes or until the fennel is wilted and soft. You may need to add a little more liquid as it cooks.

Increase the heat to evaporate any liquid left in the pan – this will result with the fennel cooking in the left over oil and turning a deep gold colour.

Add freshly ground pepper, turn the heat down to medium and push the fennel to one side to make room for the fish in the pan.

Put the fish in the pan, sprinkle with a little more salt and freshly ground pepper, and spoon some of the oil in the pan over it (or add a splash of fresh, extra virgin olive oil).

Add more rosemary, cover and cook for 6-7 minutes, turn the fish once and baste again. Cook for another few minutes or so, depending on the thickness of the fish.

Transfer the fish to a serving dish, remove the rosemary and place the fennel and juices over the fish and serve.

### **Lower Hawkesbury River warning**

Commercial operators have ceased harvesting shellfish

Industry & Investment NSW has issued a precautionary warning to recreational fishers in Patonga Creek, Brisbane Waters, Broken Bay and surrounding areas after positive results for Paralytic Shellfish Poisoning (PSP) were detected in some parts of the Lower Hawkesbury River.

As a precautionary measure people are advised to avoid collecting and eating bivalve molluscs (such as oysters, mussels, cockles, pipis and

scallops) in the Patonga Creek, Brisbane Waters, Broken Bay a n d Hawkesbury R i v e r M o u t h areas. Advisory signage will be put up in effected areas.

ingestion. Symptoms can include nausea, vomiting, diarrhoea, abdominal pain, and a tingling or burning feeling to the lips, gums, tongue, face, neck, arms, legs and toes. Shortness of breath, dry mouth, a choking feeling, confused or slurred speech and lack of coordination are also possible. Ordinary cooking methods do not eliminate the toxin.

The NSW Food Authority confirms that commercial operators have ceased harvesting shell-

fish in the

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Oysters that are sold through market structures are safe to eat

People

should seek medical advice if they feel unwell after consuming shellfish from these areas.

Water monitoring in the area by the NSW Food Authority has detected the presence of toxins associated with PSP, however no algal blooms have been sighted and the specific algae responsible has not yet been identified.

Further water monitoring is being conducted by the NSW Food Authority. PSP affects those who come into contact with the affected shellfish by For further information visit: www.foodauthority.nsw.gov.au/industry/industry-sector-requirements/shellfish

Food Safety and water monitoring: NSW Food Authority Media Liaison (02) 9741 4812

Fishing media inquiries: Industry and Investment NSW (02) 6391 3785

# Greens policy unrealistic

The Greens policy to ban fishing in a minimum 30% of all waters off Queensland would cripple the State's seafood industryclaims the Queensland Seafood Industry Association (QSIA) President, Mr. Michael Gardner

Mr. Gardner has described the policy as unrealistic and not having consulted with the fishing families who would be put out of business by the plan, "to the best of my knowledge, the Greens have not talked about the policy to any of the people who would be put out of business" said Mr. Gardner

The policy would also affect onshore business which depend on fishing, such as, fishing gear manufacturers plus supplies and seafood processors and marketers.

"Since the then Federal Government imposed an equivalent policy in the Great Barrier Reef Marine Park in 2004, it has cost Australian taxpayers more than \$220 million in compensation for affected fishing and onshore businesses".

According to Mr. Gardner, the Greens would ban all fishing throughout the entire Coral Sea, as insisted by such organisations as the US-based Pew group and the Swiss-based World Wildlife Fund, plus 30% on top of that in all other waters round the Queensland coast."

The Greens policy shows scant regard for other countries marine environment who will rush to meet Australia's demand for seafood and thereby creating additional problems.

In conclusion Mr. Gardner believes that fisheries production is best managed by fisheries management, which is far more flexible than the blunt instrument of fishing bans.



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